

YOUTH DEVELOPMENT MAJOR

Health and Human Services, B.A.

This offering also fulfills the requirements for the Youth Development Certificate. Youth Development is an intentional, prosocial approach in programming that engages youth within their communities, schools, organizations, peer groups, and families in a manner that is productive and constructive. Students learn how to develop positive outcomes and resiliency for young people by providing opportunities, fostering positive relationships, recognizing strengths and furnishing the support needed to build leadership skills. Coursework includes service learning projects to build skills and confidence to work with youth successfully.

Requirements for the Youth Development major are as follows:

Code	Title	Hours
<i>University Core</i>		
Behavioral/Social Science Electives		6
BUS 204	Financial Wellness	1
ENG 114	Critical Reading and Response	3
ENG 134	Literary Genres	3
Humanities Electives		9
MAT 120	Statistics	3
PSY 101	Introduction to Psychology I	3
Science Electives (lab required)		7
WEL 100	Empowered as Learners and Leaders	3
or WEL 220	Empowered as Learners and Leaders	
WEL 350	Strategies for Career and Personal Growth	2
<i>Major Requirements</i>		
CRJ 342	The Juvenile Justice System	3
ENG 124	Research and Writing in the Disciplines	3
HHS 100	Introduction to Human and Health Services	3
HHS 304	Communicating in the Helping Professions	3
HHS 400	Health and Human Services Capstone	3
HHS 401	Play and Leisure in Human Health and Wellness	3
HHS 410	Social Policy in Health and Human Services	3
HHS 499	Health & Human Studies Internship	6
INT 250	Research Methods in the Social Sciences	3
PSY 209	Growth and Development	3
PSY 210	Sport Based Youth Development	3
PSY 224	Effective Youth Development and Mentoring	3
PSY 438	Community Youth Development	3
SOC 100	Principles of Sociology	3
SOC 315	Youth in Society	3
<i>General Electives</i>		
General Electives		32
Total Credits Required		120