## COUNSELING STUDIES MAJOR

## Health and Human Services, B.A.

This offering provides a gateway for students planning on pursuing graduate study in Bay Path's Clinical Mental Health Counseling Master's Program. Students take selected 500-level PSY courses in addition to a 300-level course in Interviewing and Counseling to build knowledge and skills for helping people with psychosocial issues in a variety of contexts. A student needs a minimum of a 3.0 cumulative GPA to take the 500-level courses in this major.

Degree requirements for the Counseling Studies major are as follows:

| Code                                | Title   | Hours |
|-------------------------------------|---|-------|
| University Core                     |   |       |
| Behavioral/Social Science Electives |   |       |
| BUS 204                             | Financial Wellness  | 1     |
| ENG 114                             | Critical Reading and Response                                   | 3     |
| ENG 134                             | Literary Genres   | 3     |
| Humanities Electives                |   | 9     |
| MAT 120                             | Statistics  | 3     |
| PSY 101                             | Introduction to Psychology I                                    | 3     |
| Science Electives (lab required)    |   | 7     |
| WEL 100                             | Empowered as Learners and Leaders                               | 3     |
| or WEL 220                          | Empowered as Learners and Leaders                               |       |
| WEL 350                             | Strategies for Career and Personal Growth                       | 2     |
| Major Requireme                     | nts   |       |
| ENG 124                             | Research and Writing in the Disciplines                         | 3     |
| HHS 100                             | Introduction to Human and Health Services                       | 3     |
| HHS 304                             | Communicating in the Helping Professions                        | 3     |
| HHS 400                             | Health and Human Services Capstone                              | 3     |
| HHS 401                             | Play and Leisure in Human Health and Wellness                   | 3     |
| HHS 410                             | Social Policy in Health and Human Services                      | 3     |
| HHS 499                             | Health & Human Studies Internship                               | 6     |
| INT 250                             | Research Methods in the Social Sciences                         | 3     |
| PSY 209                             | Growth and Development  | 3     |
| PSY 380                             | Interviewing and Counseling                                     | 3     |
| PSY 501                             | Human Lifespan Development                                      | 3     |
| PSY 535                             | Professional Counseling Orientation and Ethical<br>Practice     | 3     |
| PSY 540                             | Individual and Family Treatment of Substance<br>Abuse Disorders | 3     |
| PSY 590                             | Trauma & Crisis Intervention                                    | 3     |
| SOC 100                             | Principles of Sociology   | 3     |
| General Electives                   |   |       |
| General Elective                    | S   | 32    |
| Total Credits Required              |   | 120   |
|                                     |   |       |