

# SCHOOL ADJUSTMENT COUNSELOR CONCENTRATION, MS

## Master of Science in Clinical Mental Health Counseling

The Master of Science in Clinical Mental Health Counseling, in combination with the School Adjustment Counselor Concentration, provides students with an integrated and comprehensive program of study that will focus on the following areas: counseling theory, human growth and development, psychopathology, social and cultural foundations, clinical skills, group work, special treatment issues, appraisal, research and evaluation, professional orientation, and advanced education and training in the area of school adjustment counseling. This 60-credit program enables students to strive to combine high intellectual achievement with skillful, compassionate, and ethical clinical practice in Mental Health Counseling. This program requires completion of 60 semester hours of graduate level academic course credit, including a practicum of at least 100 hours and a 800-hour supervised internship, of which 450 hours must be done in a public school setting. Also required are passing grades on both the MTEL C&L Reading and Writing exams.

This program of study affords students the opportunity to sit for the licensing examination and apply for licensure as a Mental Health Counselor (LMHC) for the state of Massachusetts. Graduates are also eligible for the Initial Student Adjustment Counselor license in Massachusetts. LMHC licensing regulations require individuals to complete a minimum of two years post-master's degree supervised clinical experience and pass a licensing exam. Students must complete the requirement of this program within a 5-year timeline. Ultimately, the state licensing board determines whether an individual satisfies the requirements for professional licensure (please see student handbook).

The goal of the M.S. in Clinical Mental Health Counseling is to deliver those core learning experiences established by academic program accrediting and state licensure boards to assure that program graduates are competent, ethical counselors prepared to enter the counseling profession and that graduates are able to provide high quality, science-based services to members of the community in post-graduate position on the path to Mental Health Counseling licensure.

## M.S.: School Adjustment Counselor Requirements

To earn the M.S. in Clinical Mental Health Counseling with a School Adjustment Counseling concentration, students must complete 60 credit hours of graduate coursework including a practicum of at least 100 hours and an 800 hour supervised internship, of which 450 hours must be completed in a public school setting. Also required are passing grades on both the MTEL C&L Reading and Writing exams.

Code	Title	Hours
PSY 501	Human Lifespan Development	3
PSY 535	Ethics and Professional Conduct in Counseling	3
PSY 540	Individual and Family Treatment of Substance Abuse Disorders	3

PSY 550	Family Systems	3
PSY 590	Trauma & Crisis Intervention	3
PSY 620	Psychopathology and the Diagnostic Process	3
PSY 625	Applied Research Methods and Program Evaluation	3
PSY 650	Seminar in School Adjustment Counseling	3
PSY 654	Drugs, Medication, and Society	3
PSY 657	Counseling and Co-Occurring Disorders	3
PSY 658	Psychological Assessment in Counseling	3
PSY 660	Social and Cultural Foundations	3
PSY 662	Counseling Theory and Practice	3
PSY 663	Career Development Theory and Practice	3
PSY 664	Counseling Skills and Techniques	3
PSY 665	Group Dynamics and Mental Health Counseling	3
PSY 680	Counseling Practicum and Seminar	3
PSY 696	Counseling Internship and Seminar I	3
PSY 697	Counseling Internship and Seminar II	3
PSY 698	Counseling Internship and Seminar III	3

**Total Credits Required:** 60

## Academic Requirements

*Note: This schedule reflects the recommended sequence of courses to be taken in fulfillment of the Master of Science in Clinical Mental Health Counseling with a concentration in DESE-approved School Adjustment Counseling with Initial Licensure. This sequence assumes a fall semester start. Students who begin in other sessions should consult with their faculty program advisor to plan their schedule.*

### Two-Year Sequence

Course	Title	Hours
<b>Year One</b>		
<b>Fall Semester</b>		
PSY 501	Human Lifespan Development	3
PSY 620	Psychopathology and the Diagnostic Process	3
PSY 590	Trauma & Crisis Intervention	3
PSY 662	Counseling Theory and Practice	3
		<b>Hours</b>
		<b>12</b>
<b>Spring Semester</b>		
PSY 625	Applied Research Methods and Program Evaluation	3
PSY 654	Drugs, Medication, and Society	3
PSY 664	Counseling Skills and Techniques	3
		<b>Hours</b>
		<b>9</b>
<b>Summer Semester</b>		
PSY 535	Ethics and Professional Conduct in Counseling	3
PSY 680	Counseling Practicum and Seminar	3
PSY 650	Seminar in School Adjustment Counseling	3
		<b>Hours</b>
		<b>9</b>
<b>Year Two</b>		
<b>Fall Semester</b>		
PSY 540	Individual and Family Treatment of Substance Abuse Disorders	3
PSY 660	Social and Cultural Foundations	3
PSY 663	Career Development Theory and Practice	3
PSY 696	Counseling Internship and Seminar I	3
		<b>Hours</b>
		<b>12</b>
<b>Spring Semester</b>		
PSY 657	Counseling and Co-Occurring Disorders	3
PSY 665	Group Dynamics and Mental Health Counseling	3

PSY 697	Counseling Internship and Seminar II	3
<b>Hours</b>		<b>9</b>
<b>Summer Semester</b>		
PSY 698	Counseling Internship and Seminar III	3
PSY 550	Family Systems	3
PSY 658	Psychological Assessment in Counseling	3
<b>Hours</b>		<b>9</b>
<b>Total Credits Required:</b>		<b>60</b>

**Note:** Schedule is subject to change without notice.

## Three-Year Sequence

Course	Title	Hours
<b>Year One</b>		
<b>Fall Semester</b>		
PSY 620	Psychopathology and the Diagnostic Process	3
PSY 662	Counseling Theory and Practice	3
<b>Hours</b>		<b>6</b>
<b>Spring Semester</b>		
PSY 654	Drugs, Medication, and Society	3
PSY 664	Counseling Skills and Techniques	3
<b>Hours</b>		<b>6</b>
<b>Summer Semester</b>		
PSY 550	Family Systems	3
PSY 535	Ethics and Professional Conduct in Counseling	3
PSY 650	Seminar in School Adjustment Counseling	3
<b>Hours</b>		<b>9</b>
<b>Year Two</b>		
<b>Fall Semester</b>		
PSY 501	Human Lifespan Development	3
PSY 660	Social and Cultural Foundations	3
PSY 663	Career Development Theory and Practice	3
<b>Hours</b>		<b>9</b>
<b>Spring Semester</b>		
PSY 625	Applied Research Methods and Program Evaluation	3
PSY 657	Counseling and Co-Occurring Disorders	3
<b>Hours</b>		<b>6</b>
<b>Summer Semester</b>		
PSY 658	Psychological Assessment in Counseling	3
PSY 680	Counseling Practicum and Seminar	3
<b>Hours</b>		<b>6</b>
<b>Year Three</b>		
<b>Fall Semester</b>		
PSY 590	Trauma & Crisis Intervention	3
PSY 696	Counseling Internship and Seminar I	3
PSY 697	Counseling Internship and Seminar II	3
<b>Hours</b>		<b>9</b>
<b>Spring Semester</b>		
PSY 540	Individual and Family Treatment of Substance Abuse Disorders	3
PSY 665	Group Dynamics and Mental Health Counseling	3
PSY 698	Counseling Internship and Seminar III	3
<b>Hours</b>		<b>9</b>
<b>Total Credits Required:</b>		<b>60</b>

**Note:** Schedule is subject to change without notice.