# **INTERDISCIPLINARY (INT)**

#### INT 101: Rape Aggression Defense (1 credits)

The Rape Aggression Defense System is a program of realistic, self-defense tactics and techniques. The R.A.D. System is a comprehensive course for women only that begins with awareness, prevention, risk reduction, and avoidance, while progressing on to the basics of hands-on defense training. The Rape Aggression Defense System is dedicated to teaching women defensive concepts and techniques against various types of assault, by utilizing easy, effective and proven self-defense tactics. Our system of realistic defense will provide a woman with the knowledge to make an educated decision about resistance.

#### INT 102: Advanced Rape Aggression Defense (1 credits)

Advance RAD is designed to serve as an extension of the basic RAD program and taught in component block supplements to BSD training. The techniques supplement the basic class and add to the options for the student. The original techniques are reviewed and used to systematically build on additional defense options. The class is physical training and requires the student to be in good physical condition. *Prerequisite: INT 101* 

## INT 250: Research Methods in the Social Sciences (3 credits)

Students will develop and understanding of the basic principles of research in the Social Sciences, grasp the importance of Scientific Research, and comprehend research methodologies. Research ethics, data collection techniques and analysis, sampling, and inferential statistics will be studied. Students will be required to produce a scholarly proposal.

### INT 280: Career Academy Professional Certificate (0 credits)

This self-paced course allows students to select a professional certificate from the Bay Path Coursera Career Academy catalog, tailoring their learning experience to align with their career aspirations. This course allows the opportunity to accelerate career development by earning a professional certificate from recognized industry partners. Students will select a certificate and engage in focused learning to master industry-relevant knowledge and skills directly applicable to their desired career path. Throughout the course, faculty will monitor progress, provide career guidance, and support students in applying their learning to real-world contexts. Academic credit will vary depending on the selected certificate and the depth of study required.