

# COUNSELING FOUNDATIONS MAJOR

## Psychology, B.A.

The Counseling Foundations major exposes students to the latest theories and research through relevant, high-quality courses. Students practice vital counseling skills through classroom instruction, observations, and internships (optional).

Code	Title	Hours
<i>University Core</i>		
Behavioral/Social Science Electives		6
BUS 204	Financial Wellness	1
ENG 114	Critical Reading and Response	3
ENG 134	Literary Genres	3
Humanities Electives		9
MAT 120	Statistics	3
PSY 101	Introduction to Psychology I	3
Science Electives (lab required)		7
WEL 100	Empowered as Learners and Leaders	3
or WEL 220	Empowered as Learners and Leaders	
WEL 350	Strategies for Career and Personal Growth	2
<i>Major Requirements</i>		
Developmental Psychology Elective <sup>1</sup>		3
ENG 124	Research and Writing in the Disciplines	3
Experiential Elective <sup>2</sup>		6
PSY 216	Psychology of Cultural Diversity	3
PSY 240	Psychopathology	3
PSY 250	Behavioral Research Methods	3
or INT 250	Research Methods in the Social Sciences	
PSY 321	Theories of Personality	3
PSY 340	Physiological Psychology	3
PSY 342	Crisis Intervention for Community and Mental Health Settings	3
PSY 370	Social Psychology	3
PSY 380	Interviewing and Counseling	3
PSY 405	Counseling Diverse Populations	3
PSY 406	Counseling Ethics and Professional Development	3
or PSY 535	Ethics and Professional Conduct in Counseling	
PSY 430	Clinical Psychology	3
or PSY 540	Individual and Family Treatment of Substance Abuse Disorders	
PSY 432	Cognitive Psychology	3
<i>General Electives</i>		
General Electives		32
<i>Total Credits Required</i>		<b>120</b>

1

Students must take one of the following courses: PSY 205 Child Development, PSY 206 Adolescent and Adult Development, PSY 209 Growth and Development.

2

Students must take six credits from the following list: PSY 285 Psychology in the Field, PSY 400 Psychology Capstone, PSY 495 Independent Research, PSY 498 Psychology Internship, PSY 499 Psychology Internship, WEL 400 Leadership in Practice, or WEL 440 Leadership in Practice.